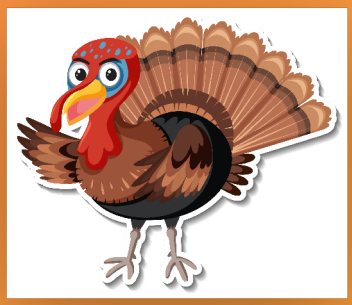
MINICHEF RECIPES

by Noah - Healthy & Fun Cooking for Kids



Turkey & Pasta Ranch Salad

A Refreshing & Nutritious Meal 🥗 Creamy ranch meets colorful veggies

PREP TIME	COOK TIME	SERVINGS
15 min	10 min	4

🛒 Ingredients

- **1 pound** Cooked turkey breast
- **2 cups** Pasta (rotini or penne)
- **1 cup** Cherry tomatoes, halved
- **1 cup** Cucumber, diced
- **1 cup** Red bell pepper, diced
- **½ cup** Ranch dressing
- **½ cup** Shredded cheddar cheese
- **To taste** Salt and pepper

Directions

1. **Cook pasta:** Cook pasta according to package directions, then cool.
2. **Prep ingredients:** Dice turkey and vegetables.
3. **Combine:** In a large bowl, combine pasta, turkey, veggies, and cheese.
4. **Dress & season:** Add ranch dressing, season with salt and pepper.
5. **Chill & serve:** Toss gently and chill before serving.

Nutrition Info

CALORIES	PROTEIN
400	28g

CARBS	FAT
30g	20g

Pro Tips

- Use garlic ranch for extra flavor
- Add corn or peas for more veggies
- Spice it up with jalapeños
- Keeps well in fridge for up to 2 days